Project Management Institute

PMI AND TOASTMASTERS

A Perfect Match

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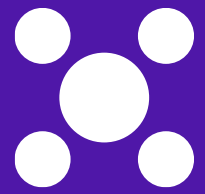
18 MAY, 2024

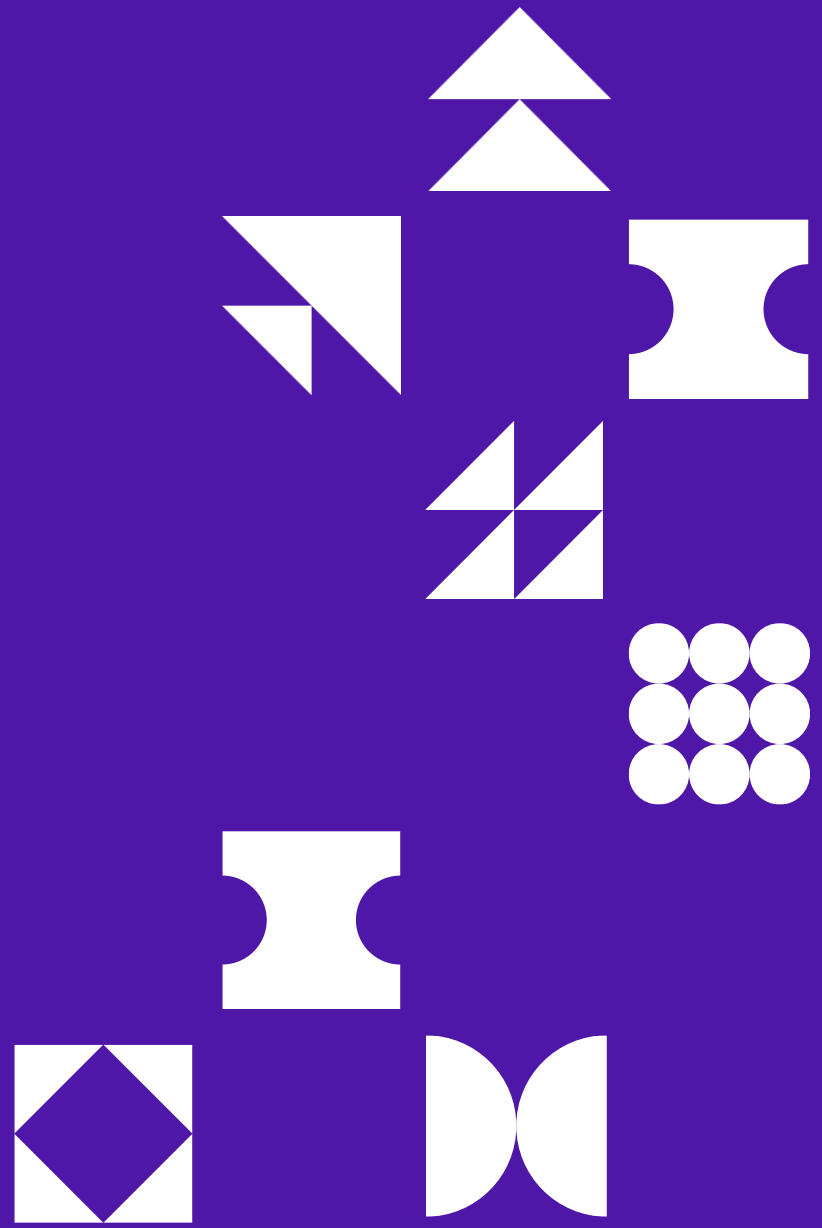
Um…
Hi

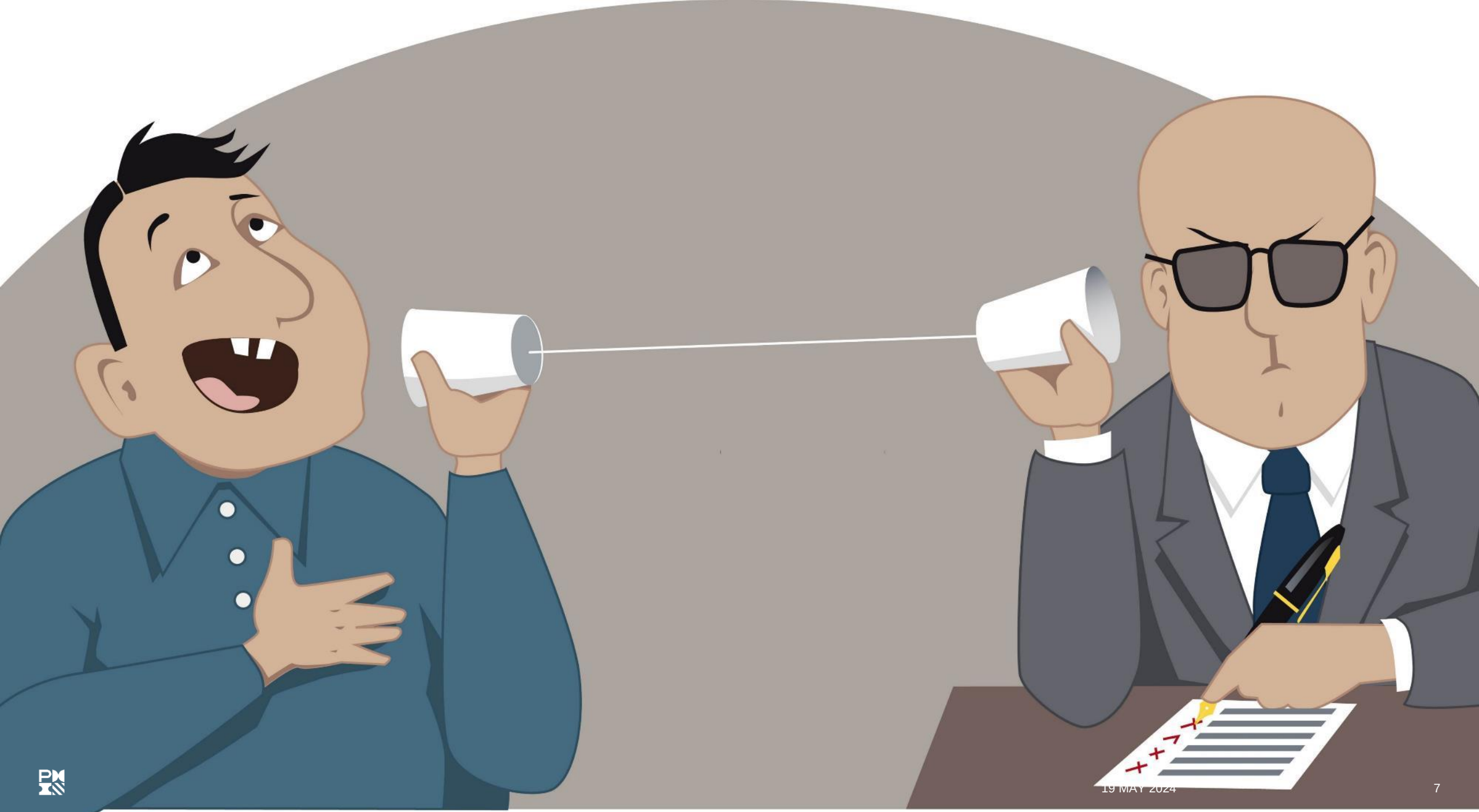
WHERE LEADERS ARE MADE

PMI and Toastmasters - A Perfect Match 19 MAY 2024

A LITTLE HISTORY







1994

You’re visibly nervous

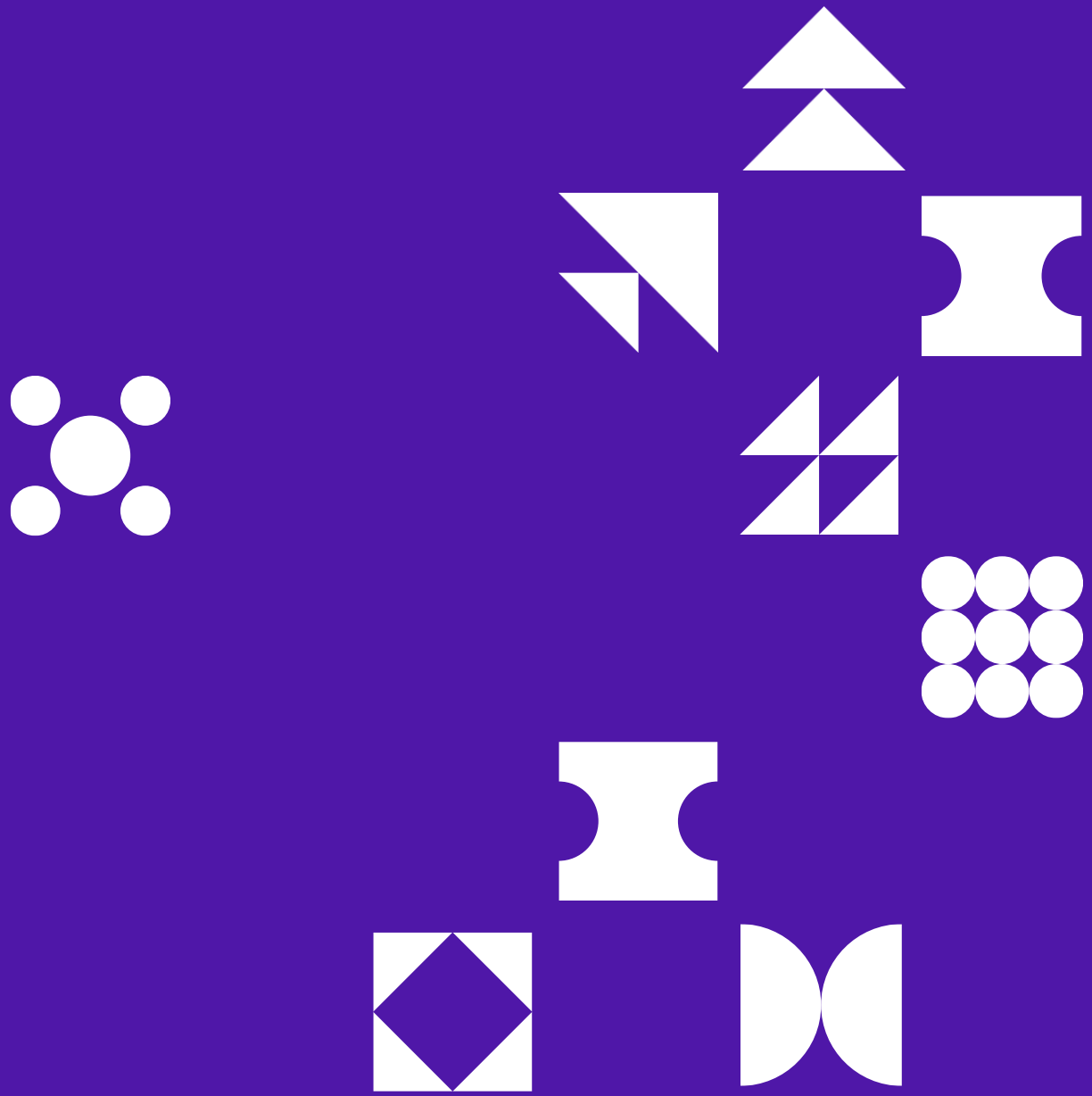
You talk too fast

And you keep shoving your hands in your pockets

You don’t sound like a Project Manager

You sound like a Lawyer

WHAT IS TOASTMASTERS?



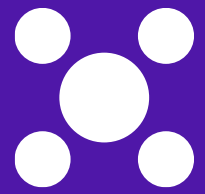
TOASTMASTERS
INTERNATIONAL
100
YEARS

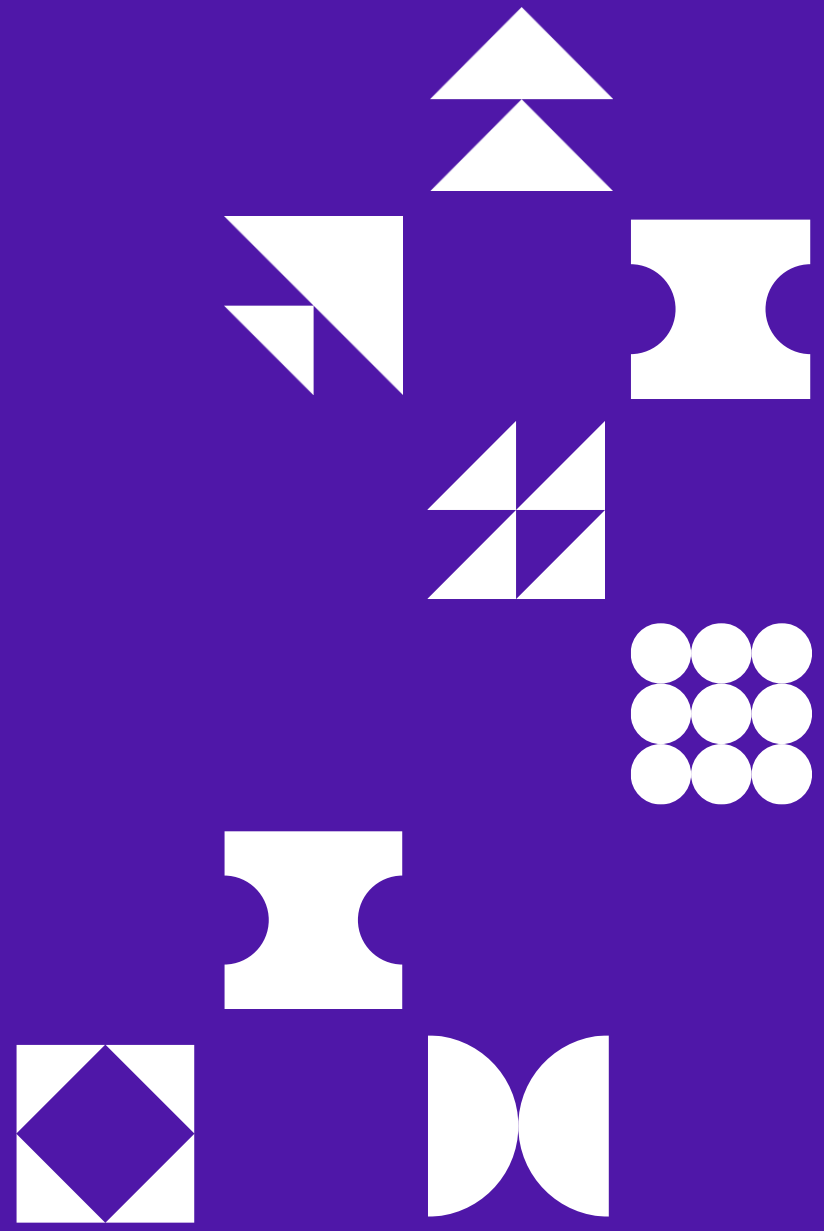
Pathways

Toastmasters Advantages

- Confidence
- Tame Fear
- Networking
- Extemporaneous Speech
- Giving & getting Feedback
- Mentoring
- Leadership

“EXECUTIVE VOICE”





2011

You’re a great speaker!

But…

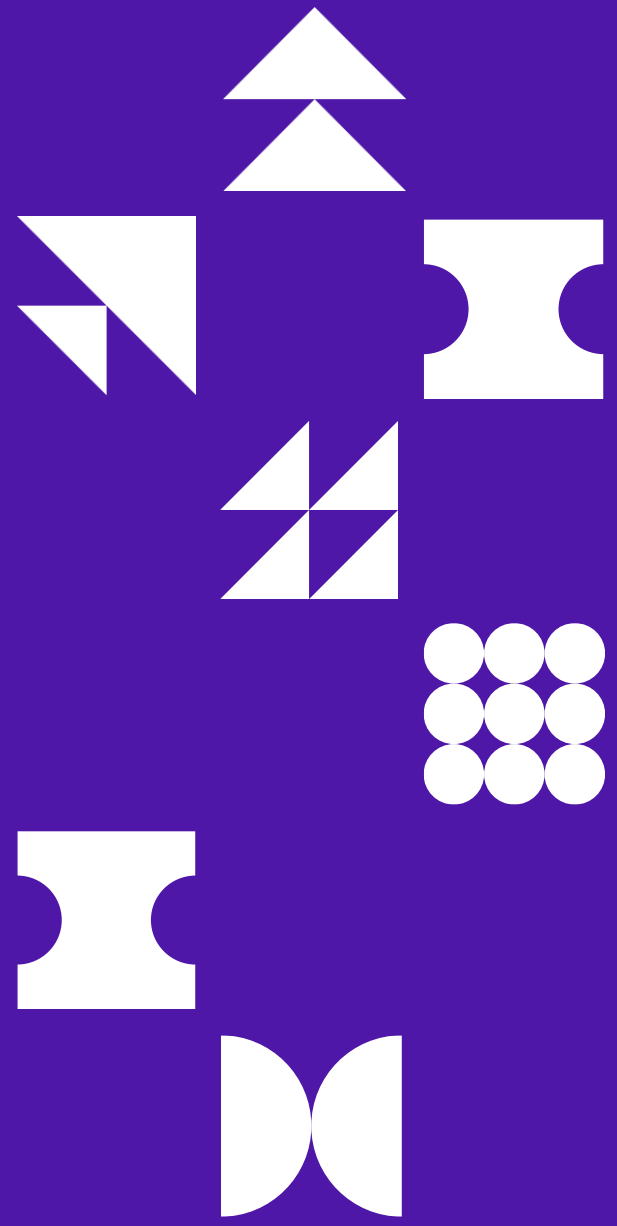
You talk too fast

And you keep shoving your hands in your pockets

You don’t sound like a Project Manager

You sound like a Motivational Speaker

THE ART OF THE STATUS REPORT



Boring…

How to get through

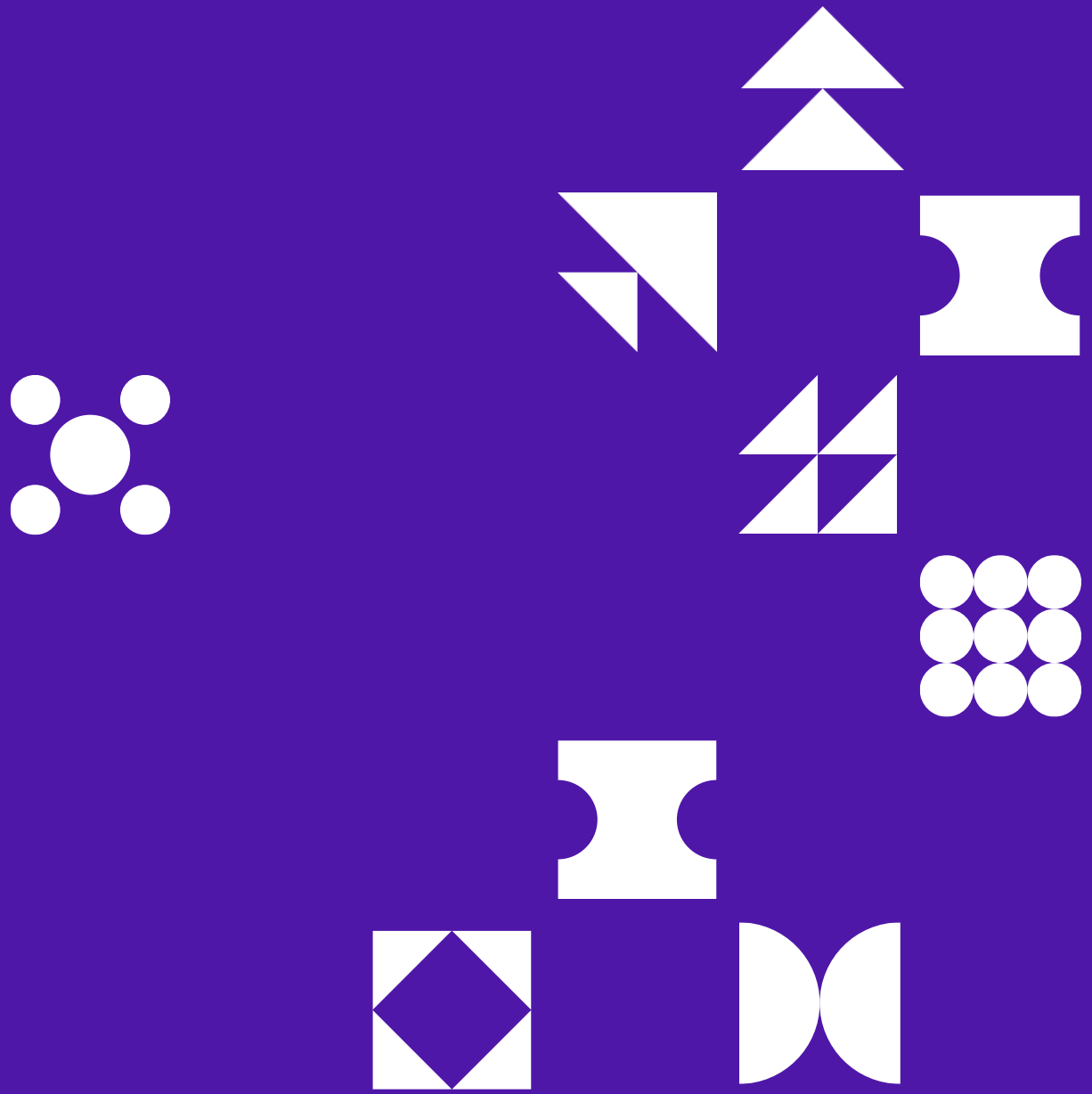
Toastmasters Advantages

- Confidence
- Tame Fear
- Networking
- Extemporaneous Speech
- Giving & getting Feedback
- Mentoring
- Leadership

PMI Toastmasters Advantages

- Confidence
- Tame Fear in a familiar context
- Networking among peers
- Extemporaneous Speech on PM topics
- Giving & getting feedback from PMs
- Mentoring by people who understand
- Leadership opportunities within PMI
- Increase Membership
- Increase Engagement
- Develop New Chapter Leaders

EXPERIENTIAL LEARNING



- Blocking
- 173 words per minute
- 150 words per minute
- Music Warm Up
- Caffienate, Meditate, Stretch
- Mirrored Gestures

- How to stop disfluencies
- How to tame nervous habits

Project Management Institute

THANK YOU

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